Training @ Wellspring

Wellspring offers traditional classroom based and online courses for Addiction Counselor Certification, Certified Prevention Specialists and School faculties.

Addiction Counselors

Wellspring offers all 270 hours of addiction coursework required for initial credentialing as a Licensed (LCADC) or Certified Alcohol and Drug Counselor (CADC) in New Jersey and many other states. Courses are offered through an interactive online format, and can also be used to meet renewal hours, continuing education credits, and professional development hours. We offer at least 60 hours of classroom based advanced coursework toward the renewal of these credentials

Prevention Specialists

Wellspring offers all 120 hours of prevention coursework required for initial credentialing as a Certified Prevention Specialist (CPS) in New Jersey. These courses may also be taken towards renewal hours for several other allied behavioral health professionals. Courses are offered in our comfortable training facility in East Brunswick, New Jersey.

School Faculty

Wellspring offers nine one-hour professional development courses in an online format for New Jersey teachers and other school staff. Courses meet Department of Education professional development hours related to substance abuse, child abuse, youth suicide, and bullying.



The Wellspring Center for Prevention is a private, non-profit, community-based health organization. We have been providing prevention, education, information and referral services to residents, businesses, schools, faith-based organizations, municipal alliances, and social service agencies since 1980.

The mission of the Wellspring Center for Prevention is to promote the health and well-being of individuals and communities through the reduction and elimination of alcohol, tobacco and other drug use problems.

Wellspring Center For Prevention 620 Cranbury Road, Suite 105 East Brunswick, NJ 08816 Or 3600 Route 66, Suite 150

> Neptune, NJ 07753 Phone: 732-254-3344 Fax: 732-254-4224 wellspringprevention.org

Promoting
Healthy Living
Through Education,
Training & Advocacy





Helping You and Your Community

Wellspring Center for Prevention is a not for profit public health agency whose mission is to improve the health and well-being of individuals, families and communities through the elimination or reduction of alcohol, tobacco, and other drug-related problems. Services focus on prevention, education, advocacy, and support for personal recovery, and are based on rigorous evaluation and documented positive outcomes.

Innovations in Prevention

Since 1980 Wellspring has been a leader in the ever more scientific field of prevention science. Far from telling youth to "Just Say NO," we pledge to only provide services we can demonstrate change behavior for the better. Done correctly, every \$1 invested in prevention returns up to \$18 in savings to society. Investing in Wellspring's innovative prevention services is an excellent investment in your community's future.

Building Healthy Communities

Wellspring is committed to implementing evidenced-based programs, providing effective education, helping to support comprehensive environmental strategies, and promoting the health and wellness of individuals and communities. We believe that effective alcohol and other drug abuse prevention is everyone's responsibility adolescents, schools, parents and communities. This is why our programs are designed for a variety of audiences and are delivered daily to organizations and groups throughout New Jersey and Middlesex County specifically.

Effective School-Based Addiction Prevention

Effective approaches to school-based alcohol and other drug prevention include teaching students how to resist peer influences, improving life skills, involving families, and providing opportunities to become involved in positive experiences with others in the school and community.

Coalition for Healthy Communities

The Coalition for Healthy Communities, an initiative of Wellspring, brings together professionals from multiple disciplines who have a passion for the prevention and treatment of alcohol, tobacco, and other drug abuse problems.

The Jason Surks Memorial Prevention Resource Center

Come to our resource center where you'll find free brochures and literature as well as an extensive video lending library. Through the resource center we can also provide technical assistance and help you develop a prevention program in your school or community.

Information and Referral Helpline

Wellspring provides a confidential information and referral helpline during business hours at 732-254-3344. Wellspring also provides an online self-administered screening tool at www.helptool.org. This tool can provide referrals to start your search for available treatment.

Pathways

Our school-based youth services program is based at Carteret High School. It creates a safe, structured environment within the school to address the social and health needs of our students.