



HighPoint

Our Mission

High Point provides community based individualized treatment services to individuals coping with chronic mental illness, substance abuse and/or co-occurring disorders. Our goal is to provide each consumer with the tools necessary to achieve wellness and recovery based on their individual goals. We are committed to assisting individuals in moving toward improved housing, greater financial stability and independence, improved interpersonal relationships, increased insight into social, emotional and behavioral difficulties, skill development and increased community integration.

Mental Health Program

High Point's Partial Care program is designed to empower consumers by allowing them to make choices that foster independence. The program provides options and in turn the flexibility of creating an individualized schedule based on activities they feel will assist them in their own wellness and recovery.

Program hours are 9:20 am – 3:45 pm with breakfast served at 9:20 am, lunch at 12:40 pm and an afternoon snack at 3:40 pm. The program is open on some holidays and some weekends.

The mental health program accepts Medicaid and Private Insurance.

The High Point Partial Care Program provides a wide range of services including, but not limited to:

- Psychiatry
- Co-Occurring Groups
- Trauma Support
- Depression Support
- Health and Wellness
- Anger Management
- Social Skills
- Self Harm Support
- Domestic Violence Support
- Men's/Women's Groups
- IMR
- Stress Management
- Interpersonal Relationships
- Self Esteem
- Pet Therapy
- Medication Education
- Psychological Education
- Therapeutic Activities & Recreation
- Case Management
- Urine drug screens

If you have further questions or would like to arrange

Substance Abuse Program

The High Point Program is a DMHAS licensed outpatient program for adults 18 and over with a primary substance use disorder diagnosis or co-occurring disorder. Our goal is to aid clients into the recovery process through psycho-educational groups provided by professionally trained, credentialed, and licensed clinicians.

Program hours:

IOP and OP: 9:20am – 1:05pm (Monday-Friday)

Partial Care : 9:20am – 3:45pm

- Psychiatrist on staff for evaluations and medication monitoring
- Funding options include ABP Medicaid, Drug Court funding, MAP-SPB funding, DUII funding, SAI funding, self-pay/sliding scale and Private Insurance

Substance Abuse Program provides a wide range of services including but not limited to:

Daily psycho-educational groups
Case management
Individual counseling
Staff psychiatrist
Medication monitoring
Urine drug screens
Individualized recovery plans

For a visit, please contact our office at (908)788-5979.

High Point

The Program

High Point's is an intensive program for adults 18 and over who are coping with a chronic mental illness, substance use disorder or co-occurring disorder. We work together with our consumers in setting goals towards greater independence and community integration. At High Point, we believe wellness and recovery is a process and High Point staff are committed in assisting individuals through this.

Recovery

Recovery is defined individually and is based on the positive management of psychiatric symptoms and/or substance use. The process of recovery is unique for each individual and each of our consumers is encouraged to determine what recovery means to them.

Transportation

Transportation is provided to and from High Point in the areas of Warren, Hunterdon, Somerset, Sussex, Middlesex, Morris, Union and Mercer counties.

Meals

High Point provides breakfast, lunch and an afternoon snack free of charge to all attending consumers.



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