

# FAQs

ABA CONSULTING  
BY BCBAS

## What is ABA?

Applied Behavior Analysis (ABA) is an evidence-based treatment that uses behavioral principles to achieve meaningful behavior change. ABA is tailored to meet the unique needs of each individual.

## Who do we serve?

We serve the age range of 18 months-adulthood. In-person services are offered in Ocean, Monmouth, and Middlesex counties in NJ. Virtual services are offered throughout the rest of the state.

## What payments are accepted?

Currently, we are accepting Horizon. Private pay package options are also available. Please contact us for our current pricing details. Payments can be made via credit card.

## Why choose us?

- We are founded, owned & operated by BCBAs who have experience across a variety of settings, ages & diagnoses
- We incorporate a mindful approach to our practice
- Your child does not need an autism diagnosis (or any diagnosis)



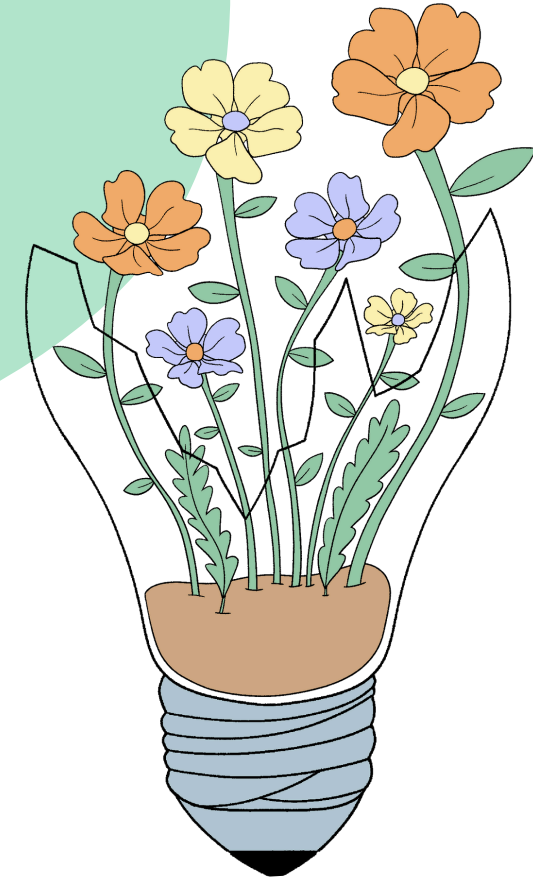
## Contact Us!

### WEBSITE

[www.inspirebehaviorconsulting.com](http://www.inspirebehaviorconsulting.com)

### EMAIL

[inspirebehaviorconsulting@gmail.com](mailto:inspirebehaviorconsulting@gmail.com)



# Inspire Behavior Consulting



## Caregiver Training

Our team provides caregivers with the tools and skills to successfully apply ABA strategies in their home & community settings. Our team of BCBA's will ensure that caregivers feel confident using ABA strategies to decrease problem behaviors and teach new skills.

## School Consultation

Our team provides direct observation, data collection, and analysis of behavior in the classroom to assist in treatment planning for both caregivers and school districts.

## Assessments

Curricular assessments are used for measuring and tracking skills across a variety of domains including language skills, daily living skills and social skills. Functional Behavior Assessment (FBA) is used for identifying problem behaviors and creating interventions. Our team will work with you, using these assessments as a guide, to create short-term and long-term goals.

## Workshops

Our team provides training workshops for teachers, daycares and other professionals. We will provide you with relevant ABA strategies that can be applied in your setting.

## Little Learners

Our toddler groups assist in the development of essential prerequisite skills through play, sensory integration, and social interactions. Skills taught include attending, motor imitation, direction following, & social play

## Social Skills Groups

Our social skills groups are weekly sessions led by a team of BCBA's who provide direct instruction based on a social skills curriculum. Skills taught include greeting others, identifying social cues, maintaining conversations and emotional regulation.

## How It Works

1. [Contact Us](#) via the Contact Us form on our website or through our email
2. [Speak with one of our BCBA's](#) to determine what service is right for you
3. [Receive your individualized service](#) (includes any necessary materials)
4. [Follow-ups](#): Optional follow-up services may be scheduled, at your request, for additional support

## Our Mission

We are inspired to work within our communities to provide mindful, empathetic behavior analytic services and create meaningful behavior change for those we serve.