

Why Sober Living Homes?

According to a study originally published by the Journal of Psychoactive Drugs (2010), clients who lived in sober living homes had better outcomes 3 years after completing a treatment program when they surrounded themselves with large numbers of recovering addicts.

A safe, secure, supervised and supportive community environment provides men clean and sober the opportunity to engage personal responsibilities, obligations, and support in a way that may never have been present previously in the user's life.

Recovery is more than detox and entering treatment. Many people need help to tackle such things as showing up for work on a daily basis, showing up for commitments on time, timely rental payment, or showing up for others. A sober community can, if the facility is a quality facility, be the cement for the foundation of long term sobriety.

In a quality sober community for men, such as Red Maple House, supervision and structure combined with the 12 Step Principles provide a framework for living. Without a strong structure and a cohesive approach to daily living, a newly sober addict runs the risk of getting overwhelmed by the smallest demands.

The concept of a sober community develops the addict's sense of belonging to a healthy network of individuals and demonstrates daily that sobriety is possible. Cambridge Recovery provides men with the life skills necessary for long term recovery and a new sense of living a healthy, enjoyable life as a sober and clean man.



Men's Luxury Sober Living

About Us

Cambridge Recovery offers a transitional space for men who are committed to continuing their journey of overcoming alcohol and drug addictions. We have created an environment that is both supportive yet independent, enabling residents to gradually transition back to the real world at a pace that is comfortable for them.



Our homes are located in quiet, peaceful neighborhoods, making it an optimal place for healing and recuperation. While residents stay with us, they will learn life skills, attend meetings, and have an opportunity to learn from other sober individuals.

The structure of our extended care program embraces the 12-step recovery model. Residents will be expected to obtain a sponsor, find a homegroup, and take part in service commitments that give back to the recovery community.

Contact Us

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Affordable Luxury Structured Sober Living

North Jersey's Premier Recovery Residence



Men's Luxury Sober Living