



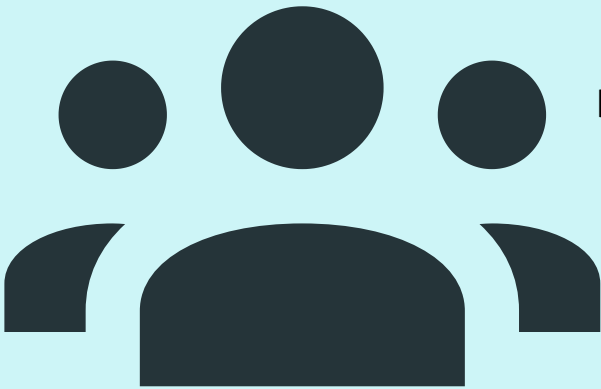
# JRF COMMUNITY HEALTH CENTER BEHAVIORAL HEALTH DEPARTMENT

## OUR SERVICES

THE JRFCHC BEHAVIORAL HEALTH DEPARTMENT OFFERS SERVICES IN MENTAL HEALTH CONSULTATIONS AND COUNSELING, UTILIZING THE PHQ DEPRESSION SCREENING.



## OUR STAFF



BEHAVIORAL HEALTH STAFF INCLUDES A LICENSED CLINICAL SOCIAL WORKER WHO PROVIDES COUNSELING SERVICES AND THE BEHAVIORAL HEALTHCARE WORKER WHO CONDUCTS PATIENT CONSULTATIONS. SEE THE BACK FOR MORE INFORMATION ABOUT OUR SOCIAL WORKERS.

## COUNSELING FOCUS

CURRENTLY, OUR LCSW SPECIALIZES IN THE FOLLOWING MENTAL HEALTH CONCERNS:

- DEPRESSION
- ANXIETY
- MOOD DISORDERS
- RELATIONSHIP ISSUES
- ADHD
- SELF ESTEEM
- PARENTING ISSUES
- LOW MOTIVATION
- TRAUMA
- BEHAVIORAL ISSUES
- STRESS MANAGEMENT
- ADJUSTMENT TO MEDICAL CONDITIONS



## MOST INSURANCES ACCEPTED

FOR THOSE WITHOUT INSURANCE, WE CAN PROVIDE A SLIDING SCALE FEE.

INDIVIDUAL THERAPY FOR ADOLESCENTS AND ADULTS IS AVAILABLE IN PERSON OR VIA TELEHEALTH. PLEASE CALL THE NUMBER BELOW FOR MORE INFORMATION.

### JRF COMMUNITY HEALTH CENTER

1931 OAK TREE ROAD      PH.: 732-482-9600  
EDISON, NJ 08820      JRFNJ.ORG/CHC



# JRF COMMUNITY HEALTH CENTER BEHAVIORAL HEALTH DEPARTMENT OUR STAFF

## JENNIFER STUART, LCSW

LICENSED CLINICAL SOCIAL WORKER



JENNIFER RECENTLY JOINED THE JRF COMMUNITY HEALTH CENTER AS THE NEW LCSW WHO WILL BE PROVIDING COUNSELING SERVICES TO OUR PATIENT POPULATION. SHE HAS A VARIETY OF EXPERIENCE WORKING WITH HIGH SCHOOLERS, PARENTS, ADULTS, AND DOING IN-HOME THERAPY. JENNIFER WILL BE ABLE TO PROVIDE KNOWLEDGE AND CLINICAL PERSPECTIVE TO THE ISSUES OUR PATIENTS MAY PRESENT AND GUIDE THEM IN CREATING TREATMENT PLANS WITH SPECIFIC GOALS FOR COPING WITH SERIOUS MENTAL HEALTH CHALLENGES.



## SAMANTHA CRUZ, BSW BEHAVIORAL HEALTHCARE WORKER

SAMANTHA JOINED THE JRF COMMUNITY HEALTH CENTER TEAM AS THE BEHAVIORAL HEALTHCARE WORKER TO ASSIST IN CONSULTING PATIENTS ABOUT THEIR MENTAL HEALTH CARE NEEDS. FOR EACH PATIENT, SAMANTHA CONDUCTS THE PHQ DEPRESSION SCREENING, DISCUSSES MENTAL HEALTH COUNSELING SERVICES WITHIN THE HEALTH CENTER AND PROVIDES REFERRALS ON A CASE BY CASE BASIS. SHE COMES WITH EXPERIENCE WORKING WITH ADULTS WITH COGNITIVE IMPAIRMENTS AND CO-OCCURRING MENTAL HEALTH ISSUES SUCH AS DEPRESSION, ANXIETY, AND STRESS MANAGEMENT.

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