

# CRD Funds 2022

The Children's System of Care has historically made Community Resource Development (CRD) funds available to the Care Management Organizations (CMO) to support the development of resources that promote the resiliency of youth and families in communities that are disproportionately impacted by the social determinants of health. We are excited to announce the programs that have been funded for 2022!



## Bergen

### **Bergen County Division of Family Guidance**

Bergen County Division of Family Guidance will address the scarcity of bereavement services for youth in the county by providing individual and group Grief and Bereavement Support services to approximately 42 Bergen-county youth, ages 7-17 years old and will train 5 to 6 clinicians in an evidence-based method of grief counseling, Multidimensional Grief Therapy.

### **MarbleJam Kids, Inc - Heartlife Summer Intensive**

MarbleJam Kids, Inc, Heartlife Summer Intensive is a summer nutrition and wellness program designed for IDD youth, ages 13-21, with disabilities including multiple-handicap and comorbid health concerns. The program will teach nutrition, self-care, and health management as life skill practice in order to improve and maintain good health. Youth are provided with an individualized plan to support their ability to adapt self-care, healthy eating, and wellness to their daily routine.

### **MarbleJam Kids, Inc – PEERS**

MarbleJam Kids, Inc, PEERS is a youth-serving program that utilizes an evidence-based social skills treatment designed to treat youth and young adults with Autism, ADHD, anxiety, depression, and other socio-emotional problems through a course of 16-weekly group meetings. PEERS certified coaches will engage youth in one of the PEERS 16 lesson plans to build skills related to making and keeping friends, managing conflict, rejection, and bullying.

# Cape/Atlantic

## **Big Brothers/Big Sisters of Atlantic/Cape May Counties Mentoring Services**

Big Brothers/Big Sisters of Atlantic/Cape May Counties Mentoring Services, in partnership with Bridges Out-Patient Counseling, is providing one-on-one mentoring to approximately 25 youth awaiting outpatient services. The Big Brothers and Big Sisters volunteers are matched with a youth for a year and will meet twice a month to engage in-person community activities.

## **Jersey Cape Diagnostic, Training, and Opportunity Center**

Jersey Cape Diagnostic, Training, and Opportunity Center is expanding their current services to include a Wellness Program for youth and young adults with mental health, IDD, and SU challenges. The Wellness program would include health education, individual counseling, group presentations, educational literature, guest speakers, and transportation.

# Camden

## **Behavior Interventions Summer Day Camp**

Behavior Interventions offers a 4-week Summer Day Camp experience to youth (up to age 20) with IDD needs. Youth and young adults will engage in activities that promote social interaction and skill development through fun activities including Science/STEM activities, games, and arts and crafts.

## **Project Little Warrior**

Project Little Warrior, in partnership with Camden County schools, will teach mindfulness to youth utilizing yoga to help minimize trauma in youth. A certified yoga instructor will provide youth with a 1-hour session of yoga and period of meditation. Youth will receive a mat to participate in the activity and they are encouraged to keep the mat to practice their new skills at home.

## Camden (cont.)

### **Mackie and Pammie, LLC - Heartbeat & Champion Start**

Mackie and Pammie, LLC: Heartbeat & Champion Start is expanding their current in-home services by obtaining an office space with an accessible location, near public transportation. Both programs will use clinicians and professional musicians to meet with youth and families in the community to provide an outlet for families to learn coping and communication skills through artistic expression including drawing, painting, music creation, song, and poetry writing. Heartbeat will focus on youth ages 6-18 and Champion Start is geared to youth ages 10-13.

## Cumberland/Gloucester/Salem

### **United Advocacy Group**

United Advocacy Group is expanding their case management services by adding a Family Advocate in each of the three counties. The Family Advocate will engage approximately 30 low to moderate income families with at least one youth in the home that are not currently receiving CMO services. Services will include recruitment, developing family action plans, identifying and connecting to resources and supports, and partnering with families to achieve their goals.

### **Life Worth Living, Skills and Drills**

Life Worth Living, Skills and Drills program is an expansion of the Credible Messenger mentoring program. The program will focus on violence prevention and will bring together approximately 90 at-risk youth with state and local law enforcement officers in a recreational and educational setting that is centered around sports training. The program will service youth from Cumberland and Salem County neighborhoods.

### **Millville Housing Authority - Rise and Shine**

Millville Housing Authority Rise and Shine program is an after-school/community outreach program for youth in grades Pre-K to 12th grade. The program provides a positive environment for approximately 50 youth per day to gather after school hours and during the summer. Volunteer teachers and other volunteers assist youth with homework and tutoring, engage youth in activities such as dance, theatre, art, crafts, games, service projects, and each youth receives a hot meal. The program also provides hygiene products to youth.

# Essex

## **Coxphit – STEAM**

Coxphit: STEAM Activities program provides youth with developmental disabilities and special needs with an opportunity to participate in a creative activity while utilizing LEGO bricks and elements to develop a practical understanding of fundamental concepts to build self-confidence, improve communication skills, strengthen family relationships, and enhance fine motor abilities.

# Hunterdon/Somerset/Warren

## **Spring Reins of Life: Teens and Horses**

Spring Reins of Life: Teens and Horses program will provide approximately 40 youth with Equine Assisted Psychotherapy to promote psychological healing, emotional well-being and personal growth using the skills of mental health professionals and the assistance of horses. Youth will learn coping, life, and social skills through a program which utilize metaphors that relate to real life while the horses deliver non-verbal reflections of behavioral patterns and outcomes.

## **Prevention Resources - Early Intervention**

Prevention Resources Early Intervention program will provide a 1-hour counseling session, by a Licensed Clinical Alcohol and Drug Counselor to youth, ages 10-17, who are experiencing substance use, emotional, and/or behavioral difficulties, which negatively affect the youth's ability to function in the community.

## **Jewish Family Services of Hunterdon, Somerset, and Warren – Expanding Horizons**

The Expanding Horizons program will extend the agency's summer Social Learning Groups to youth living with Autism, ages 10-17, and their families. A part time master's level social work intern, under the supervision and direction of the Clinical Coordinator (LSCW) will facilitate group activities.

## **Contextual Family Services - Thriving with ADHD**

Contextual Family Services' Thriving with ADHD program is expanding their outreach to male youth, ages 8 to 10, diagnosed with ADHD. The program will provide group meetings to promote social skill development. Groups are designed to address self-awareness and coping skills. Caregivers are encouraged to participate in some of the sessions.

# Hudson

## **Rios and Associates Therapeutic Solutions LLC - Healing Circles**

Rios and Associates Therapeutic Solutions LLC, Healing Circles program includes the training of healing circles and utilizes a train-the-trainer model. Healing circles provide a safe space in which people who have suffered similar trauma can come together and talk openly about their experiences to one another. Healing Circles will take place in the community including four Hudson County Housing Authority sites. The program plan to train 25-30 clinicians in the Healing Circle model and provide Healing Circles to approximately 200 and 300 families. The trained clinicians will form an advisory group that will communicate updates/trends to the CIACC.

## **Coxphit & Bricks for Kidz - Building ESTEAM**

Coxphit, in collaboration with Bricks for Kidz, Building ESTEAM program provides youth with developmental disabilities and special needs with an opportunity to participate in a creative activity while utilizing LEGO bricks and elements to develop a practical understanding of fundamental concepts to build self-confidence, improve communication skills, strengthen family relationships, and enhance fine motor abilities.

# Mercer

## **Anchor House - Aging Out Youth Support**

Anchor House will hire a full-time Aging-Out Youth Case Manager who will be dedicated to supporting youth aging out of foster care. The case manager will serve approximately 50 youth between 18 and 21, with a focus on securing housing, exploring education and employment opportunities, and getting connected to community resources and supports. The program will also assist youth with expunging criminal records, thus creating more opportunities for them to pursue their goals. Anchor House will also conduct five, two-hour trainings on trauma-informed care for schools, community agencies and law enforcement in Mercer County.

# Monmouth

## **Collier Youth Services – JET Program**

Collier's Job Experience Training (JET) Program offers adolescents community-based job placements with local businesses. Youth receive onsite job training and develop connections that can last into adulthood. Youth also participate in life skills sessions, which cover topics such as appropriate professional behavior, teamwork and financial literacy. Young people receive stipends for each day of work they complete and program staff assist them with financial management and education.

## **Parent's Inc. – Parent Support Groups**

Parent's Inc. offers various parent support groups on Monmouth County. Father Time is a fatherhood support group in Keansburg that focuses on strengthening parenting skills, increasing fathers' engagement with their children, learning how to access formal and informal support networks, and developing and participating in community service projects. The group meets twice a week for two hours, placing an emphasis on shared leadership and creating opportunities for all participants to lead discussions and events.

Parents Along the Bayshore is open to all parents in the Bayshore area of Monmouth County. The group meets weekly for two hours and features 24/7 help and support for participants. Parents can get help securing childcare services, transportation, and guidance in accessing other supportive services. The group provides parents with emotional support, increases their sense of competence with the ultimate goal of improving family functioning.

## **Integrated Care Concepts and Consultation – Summer Program**

Integrated Care Concepts and Consultation (ICCC) will provide youth mental health services during the summer for the Long Branch public school system. ICCC will have clinicians onsite at schools to provide therapy and social-emotional learning activities for youth transitioning into 6th and 9th grades. ICCC will also host summer group activities for student athletes on antibullying, emotional regulation, and hazing. The summer program will run in the mornings from Monday through Friday, with programming available in English, Spanish and Portuguese.

# Middlesex

## Raritan Bay YMCA

The Raritan Bay Area YMCA will create a Food to Family (F2F) Corner Store program for families. The F2F Store will be located at the YMCA's Center for Success three days a week for four hours each day. Families will be able to receive a monthly voucher worth \$100-150, depending on the size of their family and income level. The program will provide fresh produce to eligible families free of charge through a fruit and vegetable stand located at the YMCA. The goal of this project is to ensure healthy food and fresh produce reaches families who historically have had narrow pathways to such products. Nutrition education events will be held weekly and will include cooking demonstrations, taste tests and budgeting tips.

# Ocean

## Step Up Family Services Learning Center

Step Up Family Services Learning Center will offer three types of support groups for the I/DD community: social skills groups, sibling support groups, and professionally facilitated parent support groups. These services will be offered to all youth that are diagnosed with Intellectual or Developmental Delays and their families. Social Skills groups will run for ten weeks, with learners meeting twice per week. Sibling and parent support groups will be offered once per week. Groups will include a combination of psychoeducation and group-led discussion on topics of the participants' choosing.

# Morris/Sussex

## Center for Family Services – Kaleidoscope

Center for Family Services will host the Kaleidoscope program, a youth-centric LGBTQ+ program for adolescents in Morris and Sussex counties between the ages of 13 and 18. Kaleidoscope offers a welcoming atmosphere where young people can find support, guidance, and a sense of community. The Kaleidoscope Program is a community-based Gay-Straight Alliance (GSA). It will offer monthly, student-led meetings in a safe, supportive environment for LGBTQ+ and allied teens to gather, socialize, organize, engage in conversation, and seek access to resources.



## **Morris/Sussex (cont.)**

### **EDGE NJ – TRUE 2 U Youth Mentoring and Support Group**

The TRUE 2 U Youth Mentoring and Support Group program offers identity and gender-affirming services in a safe space for transgender, LGBTQ+ youth, and their families. Services are provided in the EDGE NJ Pride Center and include a minimum of one hour per week of face-to-face individual mentorship time and a weekly LGBTQ+ youth support group. The program hosts recreational activities for all youth and their mentors, including holiday parties, educational programming and social outings. Youth between the ages of 13 and 21 are eligible to join the program.

## **Passaic**

### **Oasis Afterschool Academy**

The Oasis After-School Academy offers after-school academic and socio-emotional support for 150 children in the city of Paterson, every weekday during the academic year. Youth have access to a social worker for individual check-ins, individual trauma-informed interventions and referral services. The Academy also features the “Moving 2wards Success” program, a socio-emotional learning program taught to all students via weekly 45-minute group sessions.

### **Children’s Aid and Family Services - 7 Habits of Highly Effective Teens**

Children’s Aid and Family Services will offer two cycles of the “7 Habits of Highly Effective Teens” program. This evidence-informed program addresses the areas of self-awareness, self-management, social awareness, relationship skills and responsible decision-making, all of which promote academic success, school and civic engagement, health and wellness and fulfilling careers. The program will run in eight sessions and will be offered to youth ages 13 to 17.

### **Jewish Family Services of Clifton/Passaic - Impact Café**

The JFS Youth Vocational Services Program (YVSP) is adding a mobile café kiosk, which will serve as a training ground for youth with disabilities to develop job readiness skills. The Impact Café is intended to be a pop-up business and will be booked for gourmet coffee and refreshment services at community, corporate and private events. The program will be staffed by a Café Job Coach, who will deliver training to the participants in areas ranging from basic workplace skills to more complex tasks like inventory control and customer service.