

*Creative Change Counseling is Proud to Announce*



## **“A-Rising Potential”**

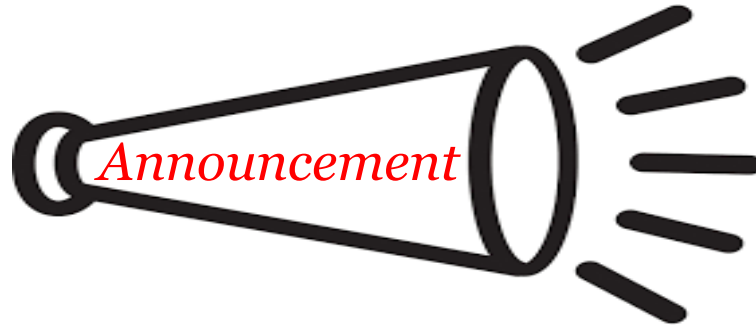
“A develop-MENTAL Focus and Mentor group for males in transition from boys to men!”



A Psycho-educational **“Teenage Workshop Series”** for adolescents approaching young adulthood. The 12-week group series was developed to target at risk, behaviorally, and/or emotionally challenged adolescents (otherwise referred to as “Rising Potentials or RP’s) through education, mentorship, social learning and healthy fellowship. The workshop series was designed to meet the following goal and objectives as adolescents begin their transition into adulthood:

- ❖ Increase each RP’s sense of social responsibility
- ❖ Increase each RP’s behavioral awareness and accountability
- ❖ Increase RP’s awareness of risk behaviors; decrease/eliminate participation in at risk behaviors
- ❖ Increase each RP’s self-awareness, self-esteem and self-confidence
- ❖ Assist RP’s to establish a clear, healthy and productive life direction
- ❖ Provide opportunities for RP’s to engage in healthy & productive peer relationships through reinforcement of social and interpersonal skills
- ❖ Teach RP’s to make good choices and exercise healthy judgement
- ❖ Increase each RP’s emotional, behavioral and psychological well-being
- ❖ Minimize need for continued service and care post-discharge

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## **“A-Rising Potential”**


**“A develop-MENTAL Focus and Mentor group transitioning girls to young women!”**



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Creative Change Counseling, Inc. in Partnership with  
Krav Maga Federation of America is  
Proud to Announce the Offering of a  
**PSYCHO-EDUCATIONAL INTRODUCTORY KARATE  
CAMP**



A holistic approach  
The twelve-week program  
emotional challenges and i

- ❖ Behavioral Insight and Accountability
- ❖ Increased Emotional Regulation
- ❖ Social and Interpersonal Skills
- ❖ Impulse and Self-Control



**Body**  
**Mind**  
**Spirit**

children & adolescents with behavioral and

**Karat**

- ❖ Discipline
- ❖ Self-Confidence, Esteem and Worth
- ❖ Anger Management
- ❖ Self-Respect and Respect for Others

**Camp Fee: \$500 Per Participant**

**Service Includes:**

- ❖ 12-Weeks of martial arts instruction with free uniform & option of continuation
- ❖ Free martial arts test and next level belt upon completion
- ❖ Weekly psycho-educational groups & workshops
- ❖ Dinner provided for each session
- ❖ Social skills training

**Class and Instruction Schedule**

**Ages 7-12 (Mon & Wed)**

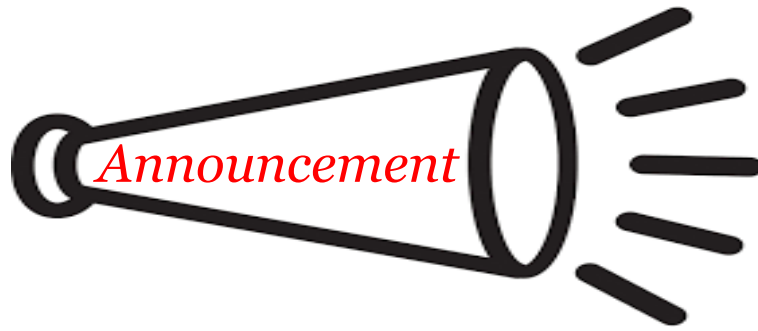
5:00 pm – 6:00 pm  
6:00 pm – 6:15 pm  
6:15 pm – 6:30 pm  
6:45 pm – 7:30 pm

**Ages 13-18 (Tues & Thurs)**

Karate Instruction  
Break  
Dinner  
Psycho-Educational/Process Group

To make a referral and/or for additional information, please contact:  
**bthomas@creativechangeinc.org or (609) 667-7353**

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## **T**een **W**orkforce **R**eadiness **G**roup (TWRG)

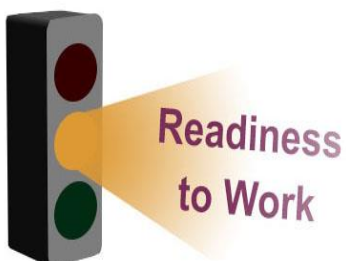
**A workshop training series for teenager desiring to successfully enter the work force!**

The 16-week group series is designed to prepare young individuals to obtain and develop the necessary skillset for a successful work experience. The program is designed specifically for teenagers interested in securing and maintaining employment. The workshop will utilize a structured curriculum that will provide participants with an opportunity to receive instruction and practical training within the following domains:

- Communication
- Enthusiasm & Attitude
- Teamwork
- Networking
- Problem Solving & Critical Thinking
- Professionalism
- Interview Writing & Interviewing

Upon completion of the workshop series, each teen will receive

- ❖ Career Interest Assessment and Profile
- ❖ Resume
- ❖ Engraved Portfolio
- ❖ Shirt and tie for males or business professional blouse for females
- ❖ Employment placement assistance



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