
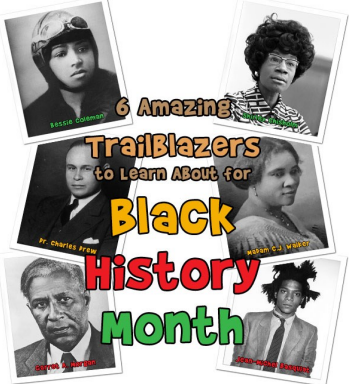





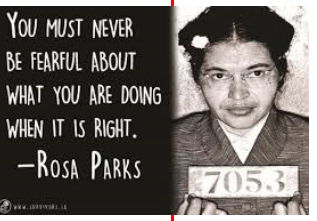


Family Support Organization of Middlesex County

February 2019

Sun	Mon	Tue	Wed	Thu	Fri	Sat		
<p><i>Address: 1 Ethel Suite 108 Rd, Edison, NJ, 08817 Office: 732-287-8701 Fax: 732-287-8708 FB: MiddlesexFSO Www.fsomiddlesexcounty.net</i></p>					<p>1</p> <p>Spanish Support Group 10am-12pm</p> <p>Youth Partnership 6-8pm</p>	2		
3			5  DD Socialization 6-8pm @ FSO With ARC OF NJ	6	7  Spanish Support Group 10am-12pm@GFSC Yoga & Meditation	8		
10		12 FSO CLOSED	13			15		
17	18 FSO CLOSED	19	20 Grandparents Tea Time!! 10am-12pm @ HFSC 	21	22 Spanish Support Group 10am-12pm	23		
24			26 Support Group 10am-12pm @ FSO	27	<div style="background-color: #cccccc; padding: 10px;"> 28 Come and enjoy practicing valuable communication and family bonding skills in this FREE 7- Session "Family Nights Out" series. Started Date March 6,20108 Must register! Please see additional information. BACK </div>			

Special Events

02/01/19: Spanish Support Group at Harmony Family Success Center. Location 255 Livingston Ave, New Brunswick. Time: 10am-12pm. Come and join us, as we learn to support, educate, advocate together as a community. We are all in this together!!

02/05/19: DD Socialization Group with Arc of NJ. Location (FSO)1 Ethel Rd Suite 108, Edison Time: 6-8pm.

Workshop: Nutrition & Diet

Provided By: The Arc of NJ

02/07/19: Spanish Support Group at Greenway Family Success Center. Location 537 New Brunswick Ave, Fords. Time: 10am-12pm.

Workshop: Yoga and Meditation.

Provide By: The Arc of NJ.

02/20/19: FSO Grandparents Tea Time at HFSC. Location: 255 Livingstone Ave, New Brunswick Time: 10am-12pm.

Raising grandchildren can be a tremendous challenge. Grandparent caregivers need to develop a support system to help them with the many tasks at hand. It's also important for grandparents to take good care of themselves so they can stay mentally and physically healthy enough. Come out and Join Us, meet other Grandparents that are facing similar challenges.

You are not alone.

02/26/18: Support Group at FSO Location 1 Ethel Rd Suite 108, Edison Time:10am-12pm

A support group that brings families and caregivers with children with behavior and emotional challenges together for a positive support, education, advocacy, and networking. We are all in this together!!



Eventos Especiales

02/01/19: Grupo de Apoyo español en Harmony Family Success Center. Ubicación 255 Livingston Ave, New Brunswick. Hora: 10 am-12pm. Venga y únase a nosotros, mientras aprendemos a apoyar, educar, abogar juntos como una comunidad. ¡¡Estamos todos juntos en esto!!

02/05/19: Grupo de socialización DD con Arc of NJ. Ubicación (FSO) 1 Ethel Rd Suite 108, Edison Time: 6-8pm.
Taller: Nutrición y Dieta.
Proporcionado por: The Arc of NJ

02/07/19: Grupo de Apoyo en español en Greenway Family Success Center. Ubicación 537 New Brunswick Ave, Fords. Hora: 10 am-12pm.
Taller: Yoga y Meditación.
Proporcionar por: The Arc of NJ.

02/20/19: FSO Grandparents Tea Time en HFSC. Ubicación: 255 Livingstone Ave, New Brunswick Hora: 10 am-12pm.
Criar a sus nietos puede ser un tremendo desafío. Los abuelos necesitan desarrollar un sistema de apoyo para ayudarlos con las muchas tareas a la mano. También es importante que los abuelos se cuiden bien para que puedan mantenerse mentalmente y físicamente lo suficientemente saludables. Venga y únase a nosotros, conozca a otros abuelos que enfrentan desafíos similares.
No estas solo.

02/26/18: Grupo de apoyo en la ubicación del FSO 1 Ethel Rd Suite 108, hora de Edison: 10 am-12pm. (English)
Un grupo de apoyo que reúne a familias y cuidadores con niños con problemas de comportamiento y emocionales para un apoyo positivo, educación, defensa y creación de redes. ¡¡Estamos todos juntos en esto!!

